

# 2012 Resource Guide

## Redwood County

### Public Health Services

266 E. Bridge Street

Redwood Falls, MN 56283

(507) 637-4041

Fax (507) 637-4046

Email: [public\\_health@co.redwood.mn.us](mailto:public_health@co.redwood.mn.us)

Website: [www.co.redwood.mn.us](http://www.co.redwood.mn.us)

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## HEALTH / MEDICAL

### COMMUNITY HEALTH

Well Child Health Screenings, Maternal Child Health Program, WIC Program, Immunizations, Nutrition services, Water testing, Children with Special Needs Birth-6, and Referral services.

- **Redwood County Public Health Service**  
266 East Bridge Street  
Redwood Falls MN 56283  
Phone 507-637-4041  
Fax 507-637-4046  
E-mail: public\_health@co.redwood.mn.us
- **Renville County Public Health Service**  
105 South 5th Street, Suite 119H  
Olivia, MN 56277  
Phone 320-523-2570  
Fax 320-523-3749  
E-mail: public\_health@co.renville.mn.us

### MEDICAL FACILITIES- REDWOOD COUNTY

- **Affiliated Community Medical Center - Redwood Falls**  
1100 East Broadway  
Redwood Falls MN 56283  
Occupational Med., Outreach, Medical Records, Allergy, PT Fax 507-697-6646  
Dr. T. Gross, Dr. S. Medrud, Dr. A. Olson, Janet Marti, CNP Fax 507-697-6656  
Dr. M. Cilek, Dr. J. Friese, Dr. C. Gronau, Dr. G. McCallum, Fax 507-697-6679  
Dr. D. Nelson, Gina Klabunde, CNP  
Dr. S. Hagen, Dr. G. Macik Eye Clinic, Pharmacy, Reception Fax 507-697-6666  
Lab, X-ray Fax 507-697-6615
- **Morgan Medical Clinic (Affiliated with Sleepy Eye Medical Clinic)** Phone 507-249-3115 or 1-877-794-3691  
96 East 3<sup>rd</sup> St, PO Box 135 Fax 507-249-3318  
Morgan MN 56266 Mon pm, Tues am, Wed all day,  
Dr. H. Dhaliwal Dr. M. Ecker, Dr. J. Joyce, Dr. V. Murthy, Thurs am, Fri am
- **Mayo Clinic Health System-Lamberton (Affiliated with Mayo Clinic Health System-Springfield)**  
310 South Main, PO Box 398 Phone 507-752-7375  
Lamberton MN 56152 Fax 507-752-7800
- **Sanford Walnut Grove Clinic** Phone 507-859-2157  
810th 8th Street  
Walnut Grove MN 56180
- **Indian Health - Lower Sioux Community Center** Phone 507-697-6185  
39527 Res Hwy 1 Fax 507-697-8617  
Morton, MN 56270

### MEDICAL FACILITIES- LOCAL COUNTIES

- **Affiliated Community Medical Center- Granite Falls** Phone 320-564-2511  
295 10th Ave Fax 320-313-4024  
Granite Falls, MN 56241

- **Affiliated Community Medical Center - Marshall**  
**Market Street Mall**  
1420 East College Drive  
Marshall MN 56258  
**Bruce Street Clinic**  
300 South Bruce Street  
Marshall MN 56258

Phone 507-532-9631 or 1-866-532-9631  
Fax 507-532-1137  
Family Practice, Urgent Care, Pediatrics

Phone 507-532-9631 or 1-866-532-9631  
Fax 507-532-1976  
OB/Gyn., Internal Medicine, Surgery, Orthopedics
- **Affiliated Community Medical Center - Willmar**  
101 Willmar Avenue SW  
Willmar MN 56201

Phone 320-231-5000 or 1-888-225-6580  
Fax 320-231-5067
- **Family Practice Medical Center**  
Lakeland Health Center  
502 2<sup>nd</sup> Street SW, Suite 1  
Willmar MN 56201

Phone 320-231-8888  
Fax 320-231-8602
- **Migrant Health**  
130 SE Willmar Ave  
Willmar MN 56201

Phone 320-214-7286  
Fax 320-214-7223  
migranthealthservice.org
- **Alliana Hospitals & Clinics-New Ulm Medical Center**  
1324 5<sup>th</sup> Street North  
New Ulm MN 56073

Phone 507-217-5000 or 1-800-795-1211  
Fax 507-217-5327
- **RC Hospital & Clinics**  
600 East Park Ave  
Olivia MN 56277

Phone 320-523-1460  
Fax 320-523-1703

Dr. M. Ahlquist, Dr. N. Adili-Khams, Dr. P. Buhr, Dr. M Chelehmalzadeh,  
Dr. J. R. Kemp, Dr J. Krogstad, Ruby Rhines, CNP
- **Sleepy Eye Medical Center**  
400 4th Ave NW, PO Box 323  
Sleepy Eye MN 56085

Phone 507-794-3691 or 1-877-794-3691  
Fax 507-794-5950

Dr. H. Dhaliwal, Dr. M. Ecker, Dr. J. Joyce, Dr. V. Murthy, Sue Ahlness, NP
- **Mayo Clinic Health System—Springfield**  
625 North Jackson, PO Box 146  
Springfield MN 56087

Phone 507-723-6201 or 1-800-535-7101  
Fax 507-723-6447
- **Sanford Tracy Medical Center**  
249 5<sup>TH</sup> Street East  
Tracy MN 56175

Phone 507-629-3520  
Fax 507-212-8260

Dr. A. Mishra (Fri am), Dr. L. Paul, Dr. R. Singh (1st Tues),  
Kelly Hoffman, FNP (Wed, Fri), Danette Ronngeldt, PA, Shana Tutt, PA
- **Sanford Westbrook Medical Center**  
920 Bell Ave, PO Box 158  
Westbrook MN 56183

Phone 507-274-6121  
Fax 507-274-5630  
Mon-Fri

Dr. J. Cassel, Dr. A. Kopperud, Kelly Hoffman, FNP, Jessica Moriarty, NP

- **Avera Worthington Specialty Clinics** Phone 507-372-2921 or 1-800-881-1473  
508 10<sup>TH</sup> Street Fax 507-372-5789  
Worthington MN 56187  
Psychology, Internal Medicine, OB-Gyn, Family Practice, CNM, Pediatrics, Surgery
- **Open Door Mobile Health-Mobile Medical** Phone 507-388-2120  
Quality & affordable medical and dental care for all people. www.opendoormobile.org

**HOSPITALS-REDWOOD COUNTY**

- **Redwood Area Hospital** Phone 507-637-4500  
100 Fallwood Road Fax 507-697-6000  
Redwood Falls MN 56283 ER Phone 507-637-4999

**HOSPITALS-LOCAL COUNTIES**

- **Avera Marshall Regional Medical Center** Phone 507-532-9661  
300 South Bruce Street Call For Fax  
Marshall MN 56258
- **Alliana Hospital & Clinics-New Ulm Medical Center** Phone 507-214-5000 or 1-800-795-1211  
1324 Fifth Street North Fax 507-233-1232  
New Ulm MN 56073
- **RC Hospital & Clinics** Phone 320-523-1261  
611 East Fairview Fax 320-523-3490  
Olivia MN 56277
- **Springfield Medical Center-Mayo Health System** Phone 507-723-6201  
625 North Jackson, PO Box 110 Fax 507-723-6447  
Springfield MN 56087
- **Sanford Tracy Medical Center** Phone 507-629-3200  
251 5th Street East Fax 507-629-3202  
Tracy MN 56175
- **Sleepy Eye Medical Center** Phone 507-794-3571  
400 4th Ave NW, PO Box 323  
Sleepy Eye MN 56085

**DENTISTS-REDWOOD COUNTY**

- **Dental Center - Dr. Timothy S. Brown, DDS** Phone 507-637-3581  
105 East Bridge Street (M.A. and Blue Plus for 17yrs and under only)  
Redwood Falls MN 56283 Fax 507-637-3580
- **Dr. Stephen Danielson** Phone 507-752-7327  
209 South Main, PO Box 427 (Call for availability) (No UCare)  
Lamberton MN 56152 Fax 507-752-7328
- **Dr. Michael Flinn, DDS** Phone 507-637-5930  
200 Firewood Drive (No new M.A. or Blue Plus patients)  
Redwood Falls MN 56283 Fax 507-637-3226
- **Dr. Gregory B. Hammers, DDS** Phone 507-637-8396  
513 East Bridge Street (No new M.A. or Blue Plus patients)  
Redwood Falls MN 56283

- **Dr. Bruce Mathiason, DDS**  
400 7th Street, PO Box 245  
Walnut Grove MN 56180  
Phone 507-859-2179  
(No new patients of any kind)  
Fax 507-859-2178
- **UCare Dental Van-** call for appt and locations  
Phone 1-866-451-1555  
www.ucare.org
- **Open Door Mobile Health-Mobile Dental**  
Quality & affordable medical and dental care for all people.  
Phone 507-388-2120  
(Yes M.A., Blue Plus, UCare)  
www.opendoormobile.org

**DENTISTS-LOCAL COUNTIES**

- **Curtis & Larson Dental Office - Dr. Gregory Curtis**  
820 Hwy 4 South  
Sleepy Eye MN 56085  
Phone 507-794-2180  
(No new M.A. or Blue Plus, No UCare)
- **Dental Health Center - Dr. Venkatraman Duraiappa**  
304 West Lyon, PO Box 448  
Marshall MN 56258  
Phone 507-532-2233  
(No new M.A., Blue Plus or UCare)  
Fax 507-532-2234
- **Mayo Health Clinic Health System—Springfield Dental Clinic-Dr. Adam R. Beers, DDS**  
602 North Jackson Ave, PO Box 129  
Springfield MN 56087  
Phone 507-723-7775  
(No new M.A., Blue Plus or UCare)  
Mon- Thurs. 8am-4:30pm  
Fax 507-723-7779
- **Willmar Center for Dental Health—Dr. J. Falk**  
525 West 3<sup>RD</sup> Street, Suite 1  
Willmar MN 56201  
Phone 320-235-3440  
(No new M.A. or Blue Plus, No UCare)
- **Oral-Facial Surgery, P.A.-Dr. James R. Hughes/Dr. Dale Bays** Phone 320-235-1803  
1029 19<sup>TH</sup> Avenue SW  
Willmar MN 56201
- **Dr. Jason Pollard**  
217 West Main Street  
Sleepy Eye MN 56085  
Phone 507-794-4361  
(No new M.A., Blue Plus, UCare)  
Fax 507-794-5195
- **Pediatric & Adolescent Dentistry, LTD**  
-212 Star Street  
Mankato MN 56001  
-26 North Broadway  
New Ulm MN 56073  
(Yes M.A., UCare, Blue Plus)  
Phone 507-387-4078  
Fax 507-387-4055  
Phone 507-354-8943  
Fax 507-359-1468  
Dr. James Walton, Dr. Dorthe Hartmann, Dr. Saul Ovalle (Spanish Speaking), Dr. Kristin Bothun
- **Associates in Oral and Maxillofacial Surgery, PA - Dr. Richard Marlow/Dr. Richard Kim**  
13 North Minnesota, PO Box 915  
New Ulm MN 56073  
Phone 507-359-3840
- **Dr. VanSurtsum/Dr. Peterson - Oral Surgeon**  
1101 South First Street  
Willmar MN 56201  
Phone 320-235-7290  
(Yes M.A., Blue Plus, UCare call for availability)  
Fax 320-235-7291

- **Olivia Family Dental Practice - Dr. Mark J. Moorse**  
 907 W Lincoln Ave  
 Olivia MN 56277  
 Phone 320-523-1441  
 (No new M.A., Blue Plus, UCare)
- **Midwest Dental - Dr. D. Lindquist / Dr. E. Amundson**  
 107 Dupont Ave NW  
 Renville MN 56284  
 Phone 320-329-8321  
 (No new M.A., Blue Plus, UCare)
- **Family & Cosmetic Gentle Dentistry**  
 Hutchinson Mall  
 1060 Hwy 15 South Suite #84  
 Hutchinson MN 55350  
 Phone 320-234-6677  
 (Yes M.A., Blue Plus, UCare)  
 Fax 320-234-6696
- **Rice Regional Dental Clinic-Willmar**  
 Rice Memorial Hospital- West Wing, 3rd Floor  
 301 Becker Ave SW  
 Willmar MN 56201-3395  
 Phone 320-214-2620 or 1-877-214-2611  
 (Yes M.A., Blue Plus, UCare, Sliding Fee)
- **Klaassen Family Dentistry - Dr. J R Klaassen, DDS**  
 1450 N Hwy 60 & 71, PO Box 130  
 Windom MN 56101-0130  
 Phone 507-831-1020  
 (Yes M.A., Blue Plus, UCare, PrimeWest)
- **Appletree Dental**  
 115 Drew Ave SE, Suite 202  
 Madelia MN 56062  
 Phone 507-642-8742  
 (Yes M.A., Blue Plus, UCare, PrimeWest,  
 South Country Health Alliance)
- **Open Door Health Center**  
 309 Holly Lane  
 Mankato, MN 56001  
 Phone 507-388-2120  
 (Yes M.A., Blue Plus, UCare)  
 Fax 507-388-3924
- **South Minnesota Periodontics-Dr. G. Jernberg/Dr. P. Foster**  
 Navaho Office Building  
 99 Navaho Ave  
 Mankato MN 56001  
 Phone 507-345-7537  
 (Yes M.A., No Blue Plus, UCare)
- **The Smile Center (Open 7 days a week)**  
 13899 Hwy 13  
 Savage MN 55378  
 Phone 1-800-422-6904  
 (Yes M.A., Blue Plus, UCare)  
 Fax 952-440-2935
- **Dr S. A. Patel, DDS**  
 -Cottonwood Dental Clinic  
 231 West Main Street  
 Cottonwood MN 56229  
 -1025 10th Ave  
 Clarkfield MN 56223  
 Phone 507-423-5411  
 (No new M.A.)  
 (Yes Blue Plus, UCare call for availability)  
 Phone 320-669-7564  
 (No new M.A.)  
 (Yes Blue Plus, UCare call for availability)
- **Minnesota State University Dental Clinic-Mankato**  
 Low cost dental cleaning & exams  
 Phone 507-389-2147  
 (Yes M.A., Blue Plus, UCare, Delta Dental)

## ORTHODONTIST

- **West Central Smiles - Dr. Jeremy Johnson, DDS** Phone 507-320-235-3102  
-1100 19th Ave SW, Suite 1 (Yes M.A., Blue Plus, UCare)  
Willmar MN 56201  
-Olivia office once a month
- **Smiles Change Lives** Phone 1-888-900-3554  
Provides orthodontic care throughout the state for children 11-18 years.  
Income guidelines. Call for an application.

## OPTOMETRISTS

- **ACMC Eye Department -Dr. S. Hagen, Dr. G. Macik** Phone 507-697-6675  
1100 East Broadway Fax 507-697-6636  
Redwood Falls MN 56283
- **Avera Medical Group Optometry-Dr. R. Pabst, Dr C. Louwagie** Phone 507-637-5715  
500 East Bridge Street, PO Box 479 Fax 507-627-7438  
Redwood Falls MN 56283
- **Avera Medical Group Optometry** Phone 507-629-3230  
505 State Street Fax 507-212-0003  
Tracy MN 56175 Mon-Thurs (9am-5pm) & Fri (8am-3pm)
- **Avera Medical Group Optometry** Phone 507-723-5115  
602 North Jackson Fax 507-723-6480  
Springfield MN 56087
- **Lifetime Eye Care Center -Dr. J. Hutchins** Phone 507-794-2126  
105 Main Street West or 1-888-274-0193  
Sleepy Eye MN 56085 Fax 507-794-5070

## AUDIOLOGISTS

- **Affiliated Community Medical Center-Redwood Falls** Phone 507-637-2985  
1100 East Broadway (Call First)  
Redwood Falls MN 56283 -Todd Stoeberl
- **Affiliated Community Medical Center-Willmar** Phone 320-231-5000 or 1-888-225-6580  
101 Willmar Avenue SW Fax 320-214-5067  
Willmar MN 56201 -Todd Stoeberl, Eric Christiansen
- **Janning ENT Center—Janning Audiology** Phone 320-231-3277  
1801 19th Ave SW Fax 320-214-5758  
Willmar MN 56201 -Cynthia Bjur

- **Hearing & Speech Center**  
1424 East College Drive, Suite #200  
Marshall MN 56258  
Phone 507-532-2687 or 1-800-851-0395  
Fax 507-337-1054  
-Linda Grong
- **Alliana Hospitals & Clinics-New Ulm Medical Center**  
1324 North 5th Street, PO Box 577  
New Ulm MN 56073  
Phone 507-214-5000 or 1-800-795-1211  
Fax 507-233-1327  
- Frank Pacovski - Thurs
- **SW West Central Service Cooperatives**  
Market Street Mall  
1420 East College Drive  
Marshall MN 56258  
Phone 507-537-2240  
Fax 507-537-7327  
-Ed Van Der Heiden, Sharyce Baartmen
- **Mankato Clinic at Wickersham Health Campus**  
1421 Premier Drive  
Mankato MN 56001  
Phone 1-800-657-6944  
Fax 507-625-8210  
-Tracy Altmann, Shirley Anderson

**EAR, NOSE AND THROAT SPECIALISTS**

- **Affiliated Community Medical Center - Redwood Falls**  
1100 East Broadway  
Redwood Falls MN 56283  
Phone 507-637-2985  
-Dr J. Pesola - three times a month
- **Affiliated Community Medical Center - Marshall**  
300 South Bruce Street  
Marshall MN 56258  
Phone 507-532-9631 or 1-866-532-9631  
Fax 507-532-1996  
-Dr. Rogotzke - Every 2<sup>nd</sup> & 4<sup>th</sup> Tues  
-Dr. Mellema - Every 1<sup>st</sup> & 3<sup>rd</sup> Fri
- **Affiliated Community Medical Center - Willmar**  
101 Willmar Avenue SW  
Willmar MN 56201  
Phone 320-231-5000 or 1-888-225-6580  
Fax 320-231-5067  
-Dr. J. Pesola, Dr. J. Mellema
- **Mankato Clinic at Wickersham Health Campus**  
1421 Premier Drive  
Mankato MN 56001  
Phone 1-800-657-6944  
Fax 507-625-8210  
-Dr. T. Christiansen, Dr. D. Liu
- **Janning ENT Center**  
1801 19th Ave SW  
Willmar MN 56201  
-Redwood Area Hospital  
100 Fallwood Road  
Redwood Falls MN 56283  
Phone 320-231-3277  
- Dr. M. Janning  
Twice a month - Fri am
- **Alliana Hospitals & Clinics-New Ulm Medical Center**  
1324 North 5th Street, PO Box 577  
New Ulm MN 56073  
Phone 507-217-5000 or 1-800-795-1211  
Fax 507-233-1327  
- Dr. R. Nissen



## PEDIATRICIANS

- **Affiliated Community Medical Center- Marshall**  
1420 East College Drive  
Marshall MN 56258  
Phone 507-532-9631 or 1-866-532-9631  
Fax 507-532-1196  
-Dr. A. Mishra, Dr. T. Michals, Sara Kraft, CNP
- **Affiliated Community Medical Center-Willmar**  
101 Willmar Avenue SW  
Willmar MN 56201  
Phone 320-231-5000 or 1-888-225-6580  
Fax 320-231-5067  
- Dr. Swanson, Dr. Hodapp, Dr. Bateman,  
Dr. A. Mahon
- **Mankato Clinic**  
1230 East Main Street, PO Box 8674  
Mankato MN 56002  
Phone 507-389-8529 or 1-800-657-6944  
Fax 507-388-3401
- **Alliana Hospitals & Clinics-New Ulm Medical Center**  
1324 North 5th Street, PO Box 577  
New Ulm MN 56073  
Phone 507-217-5000 or 1-800-795-1211  
Fax 507-233-1327  
- Dr. S. Bunce, Dr. J. Mohror
- **Avera Worthington Specialty Clinics**  
508 10th Street  
Worthington MN 56187  
Phone 507-372-2921 or 1-800-881-1473  
Fax 507-372-5789  
-Dr. Barden, Dr. Ludes

## PODIATRISTS

- **Affiliated Community Medical Center**  
300 South Bruce St  
Marshall MN 56258  
Phone 507-532-9631 or 1-866-532-9631  
Fax 507-532-1996  
- Dr. Johnston - every Wed
- **Dr. Scott Hoffman & Associate PA**  
1205 Ryans Road, PO Box 848  
Worthington MN 56187  
Phone 507-372-2986  
Fax 507-372-5457
- **Dr. Michael B. DeBrule**  
200 South O'Connell St, Suite B  
Marshall MN 56258  
Phone 507-532-4676
- **Mankato Clinic at Wickersham Health Campus**  
1421 Premier Drive  
Mankato MN 56001  
Phone 1-800-657-6944  
- Dr. James Nack, Dr. Lynn Gustafson,  
Dr. Andrew Lundquist

## LIFELINES

- **Redwood Area Hospital Auxiliary**  
100 Fallwood Road  
Redwood Falls MN 56283  
Phone 507-637-4500  
Covers Redwood County
- **Renville-Sibley Cooperative Power Assoc. - Linae**  
103 Oak St, PO Box 68  
Danube MN 56230  
Phone 1-800-826-2593  
Covers Redwood Falls & Wabasso only

- **Medical Alarm - Connect America**  
Corporate Headquarters  
2193 W Chester Pike  
Broomall PA 19008

Phone 1-800-906-0872  
Fax 610-353-1350  
[www.ConnectAmerica.com](http://www.ConnectAmerica.com) or  
[www.MecialAlarm.com](http://www.MecialAlarm.com)

<b>NURSING HOMES/ASSISTED LIVING</b>
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- **Gil-Mor Manor**  
96 3rd Street East  
Morgan MN 56266
- **Good Samaritan Society Sunwood**  
200 South Dekalb St  
Redwood Falls MN 56283

Phone 507-249-3143  
Fax 507-249-2287

- **Parkview Home**  
102 CSAH #9  
Belview MN 56214

Phone 507-938-4151  
Fax 507-938-4110

- **Valley View Manor**  
200 East 9th Ave  
Lamberton MN 56152

Phone 507-752-7346  
Fax 507-752-7348

- **Golden Living Center**  
660 Maple St  
Wabasso MN 56293

Phone 507-342-5166  
Fax 507-342-5136

- **Wood Dale Nursing Home**  
600 Sunrise Blvd  
Redwood Falls MN 56283

Phone 507-637-3587  
Fax 507-637-2546

- **Country View Senior Living Community**  
810 8th St  
Walnut Grove MN 56180

Phone 507-859-2133  
Fax 507-859-2143

- **Garnette Gardens**  
511 South Dekalb St  
Redwood Falls MN 56283

Phone 507-644-8500  
Fax 507-644-2375

- **Good Samaritan Society of Redwood Falls Johnson Park Place** - Jeanne Wepplo  
1011 East Elm St  
Redwood Falls MN 56283

Phone 507-627-8121  
Fax 507-627-8382

- **Lakeside Manor**  
300 South Minnesota St  
Redwood Falls MN 56283

Phone 507-637-2221

- **Parkwood Apartments** - Paula Pohlen  
505 South 2nd St  
Belview MN 56214

Phone 507-938-3020  
Fax 507-938-4110

## MEDICAL SUPPLIES

- **Rice Home Medical** Phone 507-644-5500 or 1-877-637-3561  
 203 Industrial Drive, Suite 201 (behind Select Inn) Fax 507-644-2828  
 Redwood Falls MN 56283
- **Sward Kemp Snyder Drug** Phone 507-637-2911  
 207 South Washington Fax 507-637-5869  
 Redwood Falls MN 56283
- **Mankato Area Children in Need**—Resources are available for financial assistance. Families with special needs children in Southern Minnesota in need of adaptive equipment not covered by insurance.  
 309 Holly Lane, PO Box 1266 - Nancy Dobson Phone 507-388-5437  
 Mankato MN 56002
- **Goodwill Medical Equipment Loan** Phone 320-214-9238  
 2424 First St South  
 Willmar MN 56201

## FOOD/NUTRITION

- **WIC (Women, Infants, Children)** - Nutrition education and food vouchers for pregnant women and children birth-5 yrs. Call for income eligibility guidelines.

<b>Redwood County Public Health</b>	Redwood Falls, MN	507-637-4041
<b>Renville County Public Health</b>	Olivia, MN	320-523-3762 or 320-523-2570
<b>Lyon County Public Health</b>	Marshall, MN	507-537-7055 or 507-537-6713

- **Food Shelf** - Emergency food assistance program

**Cities Available**

-**Redwood Falls** - Tues & Thurs 10am-Noon  
 Phone 507-627-3653

-**Wabasso** - Thurs 9:30am-11:30am  
 (If an emergency, call Armin Dallmann 507-342-5367)

-**Kitchen Table Food Shelf of Tracy** - Mon 9:30am-Noon  
 Western Community Action  
 Phone 800-658-2448

-**Sleepy Eye** - Mon 4pm-6pm  
 Phone 507-794-7130  
 (Sleepy Eye, Springfield, Comfrey residents only)

-**Morgan** - Mon, Wed & Thurs 9am-5pm  
 Phone 507-249-3822 Mary Ann Larsen  
 (call before visit)

-**Kitchen Table Food Shelf of Marshall** -  
 Mon, Wed & Fri 12:30-5pm  
 Phone 800-658-2448

**Pick-up Sites**

(Basement of old Armory)  
 231 East 2nd Street, PO Box 352  
 Redwood Falls MN 56283

St Matthew Lutheran Church  
 210 County Highway 6  
 Wabasso MN 56293

Fire Dept. Building  
 231 2nd Street  
 Tracy MN 56175

(Basement of police station)  
 2nd Avenue NW  
 Sleepy Eye MN 56085

206 Fergus Ave  
 Morgan MN 56266

1400 South Saratoga St  
 Marshall MN 56258

## SENIOR DINING CENTERS / HOME DELIVERED MEALS

- \* Senior Dining    \*\* Home Delivered Meals    \*\*\* Both
- \*    Vesta Café Phone 507-762-3600  
      139 Broadway  
      Vesta, MN 56292
  - \*\*    Parkview Home-in town only Phone 507-938-4151  
      Belview, MN 56214 Fax 507-938-4110
  - \*\*    Gil-Mor Manor Phone 507-249-3143  
      Morgan, MN 56266 Fax 507-249-2310
  - \*\*    Valley View Manor Phone 507-752-7346  
      Lamberton, MN 56152 Fax 507-752-7348
  - \*\*\*    Senior Center-Redwood Falls Phone 507-644-6464  
      201 McPhail  
      Redwood Falls, MN 56283
  - \*\*\*    Senior Center-Wabasso Phone 507-342-5337  
      1429 Front Street, PO Box 60  
      Wabasso, MN 56293
  - \*\*\*    Country View Senior Living Phone 507-859-2133  
      810 8th Street  
      Walnut Grove, MN 56180

## FOOD SUPPORT PROGRAM

- **Redwood County Human Services** Phone 507-637-4050  
      302 East 3<sup>RD</sup>, PO Box 510 Must be financially eligible.  
      Redwood Falls MN 56283

## NUTRITION HEALTH SERVICES & EDUCATION

- **MAC (Mother's and Children Nutrition Assistance)** - Income eligibility guidelines: For children until age 6 yrs., women who have given birth in past year, pregnant or breast feeding women, or infants not served by WIC. Cannot be on both WIC and MAC for the same child at the same time. Provides supplemental foods. Waiting list for new participants. Phone 1-800-365-0270
- **NAPS (Nutrition Assistance Program For Seniors)** Men and women over 60 years of age. Qualifying income guidelines. Provides: Nutritious balanced monthly food package- (Canned fruits, vegetables, juices, dry and canned milk, American cheese, canned meat, peanut butter, dry beans, cereal, rice, and instant potatoes or pasta). Waiting list for new participants. Phone 1-800-365-0270  
      **St. Stephan's Lutheran Church** (Pick up site for MAC & NAPS)- 2<sup>nd</sup> Tues 10am-Noon  
      1301 S 4th Street  
      Marshall MN 56258

- **Fare For All Express** - A program of the Emergency Food shelf Network, works with community partners to offer quality, affordable grocery packages each month. Phone 1-800-582-4291  
Western Community Action Phone 507-534-1416  
1400 South Saratoga Street  
Marshall MN 56258
- **CSFP (Commodity Supplemental Food Program)** - Register for monthly box pickup at Redwood Falls Amory. Phone 1-800-365-0270 or 651-848-8241
- **Nutrition Health Services** - Nutritional counseling available to anyone.  
**Redwood County Public Health** Phone 507-637-4041  
266 East Bridge Street  
Redwood Falls MN 56283
- **Diabetes Education** - Nutrition counseling for the diabetic including gestational diabetes.  
**Redwood Area Hospital** Phone 507-637-4517
- **University of Minnesota Extension** - Information available on many nutritional related topics  
**Redwood County Government Center** Phone 507-637-4025
- **We Care** - help with food, clothing, etc. If no transportation, things may be delivered - Mary Larson  
Phone 507-249-3822

#### FOODBORNE ILLNESS

- **Redwood/Renville Community Health Services**  
Renville County Public Health Phone 1-320-523-2570  
105 South 5th St., Suite 119H Fax 1-320-523-3749  
Olivia MN 56277  
**\*If unavailable please call the MDH Foodborne Illness Hotline.\***
- **MDH Foodborne Illness Hotline** Phone 1-877-FOOD-ILL

#### HOUSING

- **MHFA (Minnesota Housing Finance Agency)** - Can provide some funds to make your home more livable and energy efficient, also provides homebuyers education. Phone 1-800-657-3769 or 651-297-2361 TTY  
[www.mhfa.state.mn.us](http://www.mhfa.state.mn.us)
- **Redwood County Human Services** Phone 507-637-4050  
302 East 3<sup>RD</sup>, PO Box 510 Call for current assistance programs  
Redwood Falls MN 56283  
- *General Assistance with Housing*-Can help assist with eviction and shut-off notices and has listing of housing resources.  
- *Emergency Food & Shelter*-Provides emergency assistance to people in need of food & shelter. Could include rent assistance for one month.

- **Energy Assistance Program (EAP)** - provides home heating assistance, crisis prevention, energy-related repairs, energy conservation, emergency assistance and referrals to other programs and services. Household eligibility and assistance amounts are based on both income and actual home heating costs. This program can also assist homeowners with setting up supplier payment plans.  
**Western Community Action** Phone 1-800-658-2448  
1400 South Saratoga St  
Marshall MN 56258
- **Section 8 Housing** - Worthington MN Phone 507-376-9123 or 507-376-3655
- **Minnesota Habitat Restores** - Habitat ReStores are retail outlet where quality used and surplus building materials are sold at a fraction of normal prices. Willmar location has low cost used electronics.
  - **Mankato** Phone 507-388-6682  
1751 Bassett Drive  
Mankato MN 56001  
[www.HabitatRestoreMankato.org](http://www.HabitatRestoreMankato.org)
  - **Marshall** Phone 507-929-0371  
707 Fairview Road  
Marshall MN 56258  
[www.rrhfh.org](http://www.rrhfh.org)
  - **Willmar** Phone 1-877-929-6434  
619 Benson Ave SW. PO Box 1171  
Willmar MN 56201  
[www.habitatwcm.org](http://www.habitatwcm.org)

## CLOTHING

- **Clothing Centers** - Emergency clothing and household items assistance programs.
  - **Redwood Falls** Phone 507-641-3329  
County Museum basement  
Highway 19 to West end of town  
Thurs 9am-5pm
  - **Western Community Action Thrift Store in Redwood Falls** Phone 507-637-8231  
231 East 2nd Street  
Redwood Falls MN 56283  
Tues & Thurs 9am-5pm, Sat 10am-3pm
  - **2nd Time Around Thrift Store in Redwood Falls** Phone 320-226-0421  
113 East 2nd Street  
Redwood Falls MN 56283  
Mon-Fri 8:30am-4pm  
Thurs 9am-4:30pm
  - **Avera Marshall Auxiliary Thrift Store** Phone 507-337-2910  
1000 East Southview Drive  
Marshall MN 56258  
Mon, Tues, Wed, Fri 9am-4:30pm,  
Thurs 9am-4:30pm, Sat 9am-Noon
  - **Marshall Goodwill** Phone 507-929-0276  
1200 East Main  
Marshall MN 56258  
Mon-Sat 9am-9pm, Sun 10am-6pm
- **We Care** - Help with food, clothing, etc. If no transportation, things may be delivered. - Mary Larson  
Phone 507-249-3822

## FINANCIAL PROGRAMS

- **Redwood County Human Services** Phone 507-637-4050  
 302 East 3<sup>rd</sup>, PO Box 510  
 Redwood Falls MN 56283

**The following programs are available through Redwood County Human Services:**  
*This may not be a complete listing:*

  - **Community Alternatives Program** - Contact Richard Aakre
  - **Diversionary Work Program** - Provides financial assistance for families with children.
  - **Gilfillan Fund** - Provides one-time financial help for medical. Applications available thru Human Services.
  - **Medical Assistance (MA)** - Financial Assistance for medical costs. Income guidelines. Blue Plus & UCare
  - **Medical Assistance for Pregnant Women (MAPW)** - Financial assistance for medical costs during pregnancy. For applications, contact: or call 1-800-657-3672
  - **Minnesota Care (MNCare)** - State of Minnesota Health Plan. Low cost monthly premiums.
  - **Minnesota Families Investment Program (MFIP)** - Financial assistance for cost of living for dependent children.
  
- **MinnesotaCare Health Care Coverage Information Line** Phone 1-800-657-3672
- **Minnesota Children with Special Health Needs (MCSHN)** - Offers services to children with special health needs and their families. **MCSHN (local)** - For clinics and educational services.

85 East 7 <sup>th</sup> Place, Suite 500, PO Box 64882	1400 East Lyon Street
St. Paul MN 55164-0882	Marshall MN 56258
1-800-728-5420	507-537-7158
  
- **Social Security Administration** - Disability income for adults and children. Mon-Fri 9am-4pm

507 Jewett Street	Phone 1-800-772-1213
Marshall MN 56258	<a href="http://www.ssa.gov">www.ssa.gov</a>
  
- **Western Community Action** - Provides many programs to aid with financial needs.

1400 South Saratoga St	Phone 1-800-658-2448
Marshall MN 56258	

## TRANSPORTATION

- **Blue Ride** - For qualified Blue Plus members Phone 1-866-340-8648  
Mon- Fri 8am-Noon, 1:30-4:30pm
- **Dan's Handivan Service** Phone 507-697-6203
- **AMV- AmeriCare Mobility Van, LLP** Phone 1-800-448-7433
- **Brown Co. Heartland Express** - Brown Co. and surrounding area Phone 1-800-707-2717
- **Health Ride** - For qualified UCare members Phone 1-800-864-2157
- **Medi-Van** Phone 1-800-422-0976
- **People's Express** Phone 1-800-450-0123
- **Redwood County Human Services** -For qualified MA recipients Phone 507-637-4050
- **Western Community Action/Community Transit** Phone 1-888-658-2448

Public Transportation for children and adults, call 24 hrs in advance if possible to book a ride.

- **J & J Shuttle in New Ulm**—Travels to the Cities daily, will bill MA, UCare, Blue Plus.  
Phone 507-359-9081 or 507-276-8800
- **Nan's Van**—Nancy Boch  
Phone 507-430-2610

### FAMILY PLANNING/SEXUALLY TRANSMITTED DISEASE SERVICES/PREGNANCY TESTING

- **Family Planning & Referral information at Redwood-Renville Community Health Service** - Call for information and referral services. Currently refer to SMOC - FP with office hours at Redwood Falls.  
Redwood County Public Health Service, Redwood Falls      Phone 507-637-4041  
Renville County Public Health Service, Olivia      Phone 320-523-2570
- **Southwestern Minnesota Opportunity Council, Inc. Family Planning (SMOC FP)** - Family Planning & STI services. Provides low cost or no cost services as part of MN Family Planning Program for birth control, STIs, HIV and pregnancy counseling and testing. Offers services in Redwood Falls and Marshall. Emergency contraception also available. Hours vary.  
1106 3rd Ave      Phone 1-800-658-2444  
Worthington MN 56187      www.smoc.us
- **Minnesota Family Planning and STD Hotline** - Get the facts about birth control and sexually transmitted Infections, HIV & clinic referrals.  
Mon-Fri 9am-8pm, Sat 9am-2pm,      Phone 1-800-78FACTS (32287)
- **Fertility Care Services** - Paula Dudgeon, FCP —Introductory class can be scheduled as a group or an individual at any time that is convenient for the client. The remaining sessions are done on individual client basis. Teachers are also available in the Marshall, Sleepy Eye and New Ulm areas.  
302 East Saratoga Street Apt #6      Phone 507-532-7211  
Marshall MN 56258
- **Planned Parenthood** - Specializes in Reproductive Health. Family planning service provides pregnancy testing, STD testing, AIDS testing, & Birth Control. Call first as hours may vary.  
2320 East Highway 12, Suite 6 (by BP gas station)      Phone 320-235-9150 or 1-800-268-9150  
Willmar MN 56201      Fax 320-235-9151
- **Hope Pregnancy Center** - Provides free pregnancy testing, STD education, one-to-one counseling, support during pregnancy, and birth control education. For negative test, will talk about lifestyles. Limited obstetrical ultrasound by trained nurse for positive test. Will do adoption referrals. Do post abortion counseling. Provide referral appt. for HIV testing and free Medical appt. to confirm pregnancy test. Mon-Fri 11am-5pm  
325 SW 4<sup>th</sup> Street, Box 334      Phone 320-235-7619 or 1-888-235-7619  
Willmar MN 56201
- **Choices Pregnancy Center** - Provides free pregnancy tests, lay counseling, STD and AIDS information. Maternity and infant clothing and supplies, physician appointment assistance, transportation assistance, pregnancy support, and parent incentive program.  
- Armory Square Mall Basement Mon-Thurs 10am-4pm Karen Boots  
231 East 2<sup>nd</sup> Street, Box 22      Phone 507-637-2534 or  
Redwood Falls MN 56283      24 hour line 1-800-395-4357



- **Minnesota AIDS Hotline**

Phone 1-800-248-AIDS or  
1-800-243-7889 TTY

## PREGNANCY/BREASTFEEDING

### PRENATAL CLASSES

- **Prenatal Classes** - Provides education on nutritional need, development of baby, preparation for actual birth, birthing techniques, and information concerning the stages of labor and delivery.
  - **Redwood Area Hospital** Phone 507-637-4500 or 507-637-4627  
Feb, May, Aug, Nov
  - **Sleepy Eye Medical Center**  
Call to see when classes are held. Phone 507-794-3571
  - **Aliana Hospitals & Clinics-New Ulm Medical Center** Phone 507-217-5333
    - Baby And Me- This class helps prepare 3 to 7 year old children for the arrival of a new sibling. Generally every other month. Free of charge.
    - Childbirth Education Class - 6 wks. This series is designed to prepare the expectant mother and her labor companion for the birth of the baby. Free of charge.
    - Breast/Bottle Feeding Class - This class is for expectant mothers who have questions regarding breastfeeding and/or bottle-feeding, and who are not already enrolled in the Childbirth Education Class. Free of charge.
    - Childbirth Refresher Class - 1 session. Held every other month. This class is designed for those parents who attended the Childbirth Education Class with an earlier pregnancy and are seeking a condensed refresher course. Free of charge.
  - **Avera Marshall Regional Medical Center** Phone 507-537-9238 or 507-537-9087  
Early Pregnancy Class, Labor and Delivery, and Newborn Baby Care. Also Refresher Class, Breastfeeding, and Pediatric Basic Life Support. Call to see when classes are held.  
[www.averamarshall.org](http://www.averamarshall.org)
- **Maternal & Child Health Program (MCH)** - High-risk pregnancy counseling and education. Parenting education for mother & infant birth - 12 months  
**Redwood County Public Health** Phone 507-637-4041  
Redwood Falls MN 56283
- **La Leche League International** - Offers help to any woman who wishes to breastfeed her baby. Monthly meetings, telephone help and resources available on breastfeeding. 9am-5pm (CT) Mon - Fri  
957 North Plum Grove Road, PO Box 4079 Phone 1-800-LaLeche or 1-847-519-7730  
Schaumburg IL 60173 Fax 1-847-969-0460

### LACTATION CONSULTANTS

- **Jan Maxfield, R.N, Lactation Consultant** - Inpatient, Outpatient, Phone counseling  
Rice Memorial Hospital, Willmar (Voice Mail) Phone 320-231-4807

## INFANT/CHILD CARE

- **Redwood County Human Services** Phone 507-637-4050  
**Licensed Day Care - Gail Bielen-** Issues licenses and supervision of licensed day cares.  
**Foster Care - Gail Bielen**  
 302 East 3<sup>rd</sup>, PO Box 510  
 Redwood Falls MN 56283
- **Local School Community Education - Has babysitting lists** Wabasso - 507-342-7403  
Redwood Falls - 507-644-3511  
Morgan - 507-249-5990
- **Child Care Resource and Referral - Child care openings in your area. Professional assistance in evaluating your child care needs. Information on child care options.**
  - **Minnesota Child Care Resource & Referral Network** Phone 1-866-807-6021  
 380 Lafayette Frontage Road, Suite 103 mnchildcare.org  
 St. Paul MN 55107  
 To connect to your local Resource & Referral agency Phone 1-888-291-9811
  - **Southwestern MN Opportunity Council, Inc. (SMOC)** Phone 1-800-658-2444 or 507-376-4195  
 1106 3rd Ave Fax 507-376-3636  
 Worthington MN 56187 www.smoc.us
  - **Redwood County Human Services** Phone 507-637-4050  
 Redwood Falls, MN 56283
- **School-Age Child Care Program (SACC)** Phone 507-644-7171 or 507-644-2627  
 Reede Gray Elementary School - Redwood Falls
- **Immunizations - Recommended immunizations available at low fee.**  
**Redwood County Public Health** Phone 507-637-4041  
 266 East Bridge Street  
 Redwood Falls MN 56283 **Or Any medical clinic of your choice**
- **General Infant and Child Care Info. - Can provide information on a variety of topics including but not limited to mental health needs, infant and child care, discipline, safety, toilet training, nutrition, car seat education, etc. Home visits offered by R.N.**
  - **Redwood County Public Health** Phone 507-637-4041
  - **Redwood Area Hospital** Phone 507-637-4500

### CAR SEAT INSTALLATION/EDUCATION

- **Infant Car Seat Information**  
 -For car seat installation and education or to acquire a UCare car seat contact  
**Redwood County Public Health for an appointment.** Phone 507-637-4041  
 - Newborn car seat installation and education while mom and baby are in the hospital-contact

## PARENTING/EDUCATION

- **Early Childhood Family Education (ECFE)** - Weekly classes for parents and children together. Contact your local school district.
 

Lamberton/Jeffers - Deb Altermatt	Phone 507-682-5521
Morgan - Sarah Sullivan	Phone 507-249-5990
Wabasso -	Phone 507-342-5114
Westbrook/Walnut Grove	Phone 507-859-2141
Redwood Falls - Teri Smith	Phone 507-644-8939
Milroy	Phone 507-336-2563
  
- **Early Intervention Program** - Provides services for children from birth to six years with special needs.  
Facilitates: OT, PT, speech, hearing consultations, etc.  
Contact your **local school district listed above** or **Redwood County Public Health** 507-637-4041
  
- **Head Start** - Preschool program for families who meet eligibility requirements ages 3-5 years. Home based programs for 3-5 yr. olds. Classroom program in Redwood Falls for 4-5 yr. olds.  
**Western Community Action** Phone 1-800-658-2448 or 507-537-1416  
Marshall MN 56258
  
- **Preschool Story Time at Libraries/Schools**

Morgan - call for days & times	Phone 507-249-3153
Redwood Falls - Tues 10:30am	Phone 507-627-8650
Wabasso - Wed 10:30-11:15am	Phone 507-342-5279

### PRESCHOOL PROGRAMS

- **St. John's Pre-Kindergarten** Phone 507-617-3002  
34719 County Hwy 24  
Redwood Falls MN 56283  
Various options available—call for details
  
- **Walnut Grove Preschool** Phone 507-859-2141  
Walnut Grove Public School
  
- **Wee World Preschool** Phone 507-629-4802  
Tracy MN 56175
  
- **Little Tigers Preschool** - Gayle Gomarko Phone 507-723-6771  
Springfield MN 56087
  
- **School Readiness** - 4 yr olds - Mon., Wed. & Fri. am & pm sessions  
**Cottontail Time** - 3 yr olds - Tues. & Thurs. am  
Wabasso Public School - Dawn Guetter Phone 507-342-5114
  
- **Discovery Time Preschool** (3 yr olds) & **School Readiness** (4 yr olds)  
Reede Gray Elementary School - Redwood Falls Phone 507-644-8939
  
- **Discovery Gardens & Learning Readiness** - 3 1/2 - 5 yr old by Sept 1st Tues/Thurs & Mon/Wed  
Lamberton -Joan Blomgren and Kathy Wacker Phone 507-752-7151 or  
Phone 507-752-7137

- **Learning Readiness** - Morgan Phone 507-249-5990
- **Preschool & School Readiness** - Milroy Public School Phone 507-336-2563  
3 yr olds—Tues & Thurs 8-11am, 4 yr olds—Mon, Wed & Fri 8am-3pm (all day class)
- **Early Childhood Special Education** (Birth to 6 years)  
Contact your local school district or **Redwood County Public Health** Phone 507-637-4041
- **Family Health Services** - Provide information on parenting. Home visits for parenting education.  
**Redwood County Public Health** Phone 507-637-4041

### COUNSELING/SUPPORT GROUPS/ADVOCACY SERVICES

(Support groups at times change their location and meeting times. It is a good idea to call for the most current information).

- **United Way Two One One**- 24 hour information & referral Phone 1-800-543-7709 or 211  
www.unitedway.org or www.211.org
- **Renville/Redwood Chapter of the American Red Cross** Phone 320-523-1342  
2510 West Lincoln Fax 320-523-1020  
Olivia, MN 56277
- **Redwood Co. Salvation Army**-Western Community Action Phone 507-637-2187

### MENTAL HEALTH

- **Cindy Wittwer, RN, CS, MS, NCC**- "Insight" for women who suffer from depression or low self-esteem.  
Phone 507-644-3838
- **Children's Mental Health** - Redwood County Human Services Phone 507-637-4050
- **MN Association for Children's Mental Health** Phone 1-651-644-7333 or 1-800-528-4511  
165 Western Avenue Suite 2 Fax 651-644-7391  
St. Paul MN 55102 www.macmh.org
- **Western Mental Health Center**  
Answered 24 hours, M.A. accepted Phone 1-800-658-2429

**These are a few of the programs they offer:**

- **Anger Management Program for Adults**
- **School Based Mental Health Program**
- **Outpatient Mental Health Therapy for Children and Adults**
- **Psychiatric Services**
- **Community Support Programs for Children and Adults**
- **Crisis Line** Phone 1-800-658-2429

Office 1212 East College Drive Phone 507-532-3236  
Marshall MN 56258

Office 205 South Mill Street Phone 507-637-3340  
Redwood Falls MN 56283

- **Children's Crisis Response Services** Phone 507-337-4980

Mon.-Fri. 8am-9pm & Sat.-Sun. 1pm-9pm

After hours call Crisis Line Phone 1-800-658-2429

- **Catholic Charities Counseling Services** Phone 1-866-670-5163 or 507-359-2617  
Offers individual, marriage, and family counseling. Locations in New Ulm, Marshall & Willmar.
- **Lutheran Social Services**  
1601 East Hwy 12, Suite 6 Phone 320-235-5411  
Willmar MN 56201
- **Crisis Line (Western Mental Health Center)** Phone 1-800-658-2429  
Serving Redwood, Lyon, Lincoln, Murray & Yellow Medicine Counties Phone 507-532-3236
- **Suicide Hotline (National)** Phone 1-800-SUICIDE (784-2433)  
or 1-800-273-TALK (8255)

## ADDICTION

- **Minnesota Problem Gambling Helpline**  
24-hour helpline that's confidential and will give you information and referral services in your area.  
Phone 1-800-333-HOPE (4673)  
Offers resources to those close to someone with a gambling problem.  
[www.treatmentdoeswork.com](http://www.treatmentdoeswork.com)  
Provides referral services and state-approved treatment providers as area resources.  
[www.nojudgement.com](http://www.nojudgement.com)
- **Gamblers Anonymous Support - Sun 7pm** Phone 507-640-0107  
1006 South Ramsey—Alano Club  
Redwood Falls MN 56283
- **Project Turnabout** [www.projectturnabout.com](http://www.projectturnabout.com)  
- **Alcohol & Drug Treatment-In-patient** - Project Turnabout Phone 1-800-862-1453  
660 18th Street, PO Box 116  
Granite Falls MN 56241  
**Outpatient** - Project Turnabout, Redwood Falls MN Phone 507-637-8783  
Half Way House, Marshall MN Phone 507-532-3008  
- **Vanguard Compulsive Gambling Program** Phone 320-564-4911 or 1-800-862-1453  
660 18th Street, PO Box 116  
Granite Falls MN 56241
- **Narcotics Anonymous- [www.na.org](http://www.na.org)** Phone 1-877-767-7676
- **Narcotics Anonymous**  
- Hope Haven Group, Gilwood Haven—Sun 4pm and Wed 8pm  
219 S Mill Street  
Redwood Falls MN 56283
- **Alcoholics Anonymous & AI-ANON, Narcotics Anonymous—Dick** 507-430-2511 or Nan 507-430-2510  
1006 South Ramsey Street—Alano Club  
Redwood Falls MN 56283  
- **Alcoholics Anonymous** - Tues 8pm, Fri 8pm, Sun 5pm  
- **AI-ANON** - Tues & Fri 8pm  
- **Narcotics Anonymous** - Wed 8pm & Sun 4pm

- **AA** above Snyder Drug in Redwood Falls - Tom  
Thurs 8pm Phone 507-430-1462
- **AA** Wabasso Health Care Center- Wed 7pm  
660 Maple St
- **Lower Sioux Treatment Center** - Thurs Noon Phone 507-697-6288
- **AA** Springfield, St Raphael Catholic Church- Tues 8pm Phone 507-723-5663  
112 West Van Dusen St  
Springfield MN 56087

### DOMESTIC VIOLENCE & CHILD ABUSE

- **Battered Women's Crisis Line** Phone 1-800-799-SAFE (7233)
- **Domestic Abuse Program** - Project Turnabout-Marshall Phone 507-532-3008
- **New Horizon Crisis Center** - General Crime Victims Program, Sexual Assault Program, Abused Children's Program, Supervised Visitation Program, Crisis Nursery Program, Education & Outreach Program.  
24 hour Crisis Line 507-532-5764  
-Armory Square Mall Basement Phone 507-637-5570 or 1-800-882-1736  
231 E 2<sup>nd</sup> Street crisis@newulmtel.net  
Redwood Falls MN 56283  
-109 South 5<sup>th</sup> Street Suite 40 Phone 507-532-5764 or 1-800-881-7493  
Marshall MN 56258 nhcc@iw.net
- **Shelter House** Crisis Phone 1-866-223-1111  
804 Willmar Ave SE Phone 320-235-0962 or 1-800-792-4210  
Willmar MN 56201 1-866-223-1111 for nearest shelter  
www.willmarshelter.com
- **Rape, Abuse and Incest National Network (RAINN)** Phone 1-800-656-HOPE (4673)  
www.rainn.org
- **Sexual Violence Center** Phone 612-871-5111  
www.sexualviolencecenter.org
- **SMSU Outreach** - nhcc@southwest/msus/edu- Room ST 152 Phone 507-537-6817
- **Women's Rural Advocacy Program (WRAP)**
  - Domestic assault/abuse resource can provide emergency housing for battered women and children
  - 164 East 2nd Street, PO Box 183  
Redwood Falls MN 56283  
Crisis Line 507-637-3040 or 1-888-637-3040  
Business Phone 507-637-3056  
www.letswrap.com
  - 650 Prentice Street, PO Box 87  
Granite Falls MN 56241  
Crisis Line 320-564-2422 or 1-800-295-2422  
Business Phone 320-564-2524
  - 700 North 7<sup>TH</sup> Street, PO Box 1193  
Marshall MN 56258  
Crisis Line 507-532-2350 or 1-800-639-2350  
Business Phone 507-532-9532

- **Parents Anonymous**  
Parent Anonymous, Inc.  
675 W Foothill Blvd, Suite 220  
Claremont CA 91711  
Phone 1-909-621-6184  
[www.parentsanonymous.org](http://www.parentsanonymous.org)
- **Parent Mentor Network**  
Redwood County Human Services  
PO Box 510  
Redwood Falls MN 56283  
Phone 507-637-4050
- **Prevent Child Abuse Minnesota** - Answered 8:30am-5pm, Mon - Fri Referrals, Support groups for parents.  
709 University Ave, Suite 234  
St. Paul MN 55104  
Phone 1-800-Children (244-5373) or  
1-651-523-0099  
[www.pcamn.org](http://www.pcamn.org)

#### OTHER SUPPORT GROUPS

- **Redwood Area Hospital Support Groups**  
Phone 507-637-4500  
[www.redwoodareahospital.org](http://www.redwoodareahospital.org)
  - **Adult Grief Group** - Jolene Johnson  
Call for days and times  
Phone 507-637-4616
  - **Bridging the Gap** - Jolene Johnson-Retreat, children and teens grieving loved one's death.  
2 times a year - spring & fall  
Phone 507-637-4616
  - **Caregiver's Discussion Group** - Lynn Buckley-For caregivers of elderly, disabled, or terminally ill.  
Held monthly. Call for times  
Phone 507-637-4508
  - **Arthritis/Fibromyalgia Support Group** - Maydra Maas  
Phone 507-637-4562
- **Compassionate Friends** - Alice Goelz  
For parents whose child has died. - 3rd Thurs of every month at 7:30pm  
Gilwood Haven  
217 South Mill Street  
Redwood Falls MN 56283  
Phone 507-557-8394
- **Multiple Sclerosis Support Group** - Kathy  
Redwood Area Hospital  
100 Fallwood Road  
Redwood Falls MN 56283  
Phone 507-641-2555  
3rd Thurs. 7:30 pm - no winter meetings  
[www.nationalmssociety.org](http://www.nationalmssociety.org)
- **Home Care Ombudsman**  
Office of Ombudsman for Older Minnesotans  
PO Box 64971  
St Paul MN 55164-0971  
Phone 1-651-431-2555 or 1-800-657-3591  
Fax 1-651-431-7452  
[www.ombudmhm.state.mn.us](http://www.ombudmhm.state.mn.us)  
[www.mnaging.org](http://www.mnaging.org)
- **Minnesota Hospice Organization**  
Phone 1-651-659-0423 or 1-800-214-9597  
[www.hospicemn.org](http://www.hospicemn.org)
- **Senior Linkage Line**  
Phone 1-800-333-2433
- **MN River Area Agency on Aging**  
Phone 1-800-333-2433
- **Services for the Blind**  
Phone 1-800-366-4813
- **Disability Linkage Line**  
Phone 1-866-333-2466

- **Southwestern Center for Independent Living (SWCIL)** - Will assist with planning for consumers who desire to move from institutionalized living to community based living for both physical and mental needs  
109 South Fifth Street, Suite 700 Phone 507-532-2221 or 1-800-422-1485  
Marshall MN 56258 Fax 507-532-2222

### LEARNING DISABILITIES

- **The ARC of MN** - Advocacy and support for people with developmental disabilities and their families  
800 Transfer Road Suite 7A Phone 1-651-523-0823 or 1-800-582-5256  
St. Paul MN 55114 Fax 1-651-523-0829  
www.arcmn.org
  - **CHADD of the Twin Cities**  
- Monthly meetings (please call for dates and time). Children and Adults with Attention Deficit Disorders  
Phone 1-952-922-5761 or 1-800-233-4050  
www.chadd.org
  - **Learning Disabilities Association of MN**  
5354 Parkdale Drive, Suite 200 Phone 1-952-922-8374  
St Louis Park MN 55416 www.ldaminnesota.org
  - **PACER Center, Inc.** - Supports parents of students with disabilities and the student's education.  
8161 Normandale Boulevard Phone 1-952-838-9000 or 1-888-248-0822  
Minneapolis MN 55437-1044 TTY 1-952-838-0190  
Fax 1-952-838-0199  
www.pacer.org
- SW MN Contact—Marge Mann 507-532-8272

## OTHER RESOURCE INFORMATION

### ADOPTION INFORMATION

- **Redwood County Human Services** Phone 507-637-4050
- **Lutheran Social Services - Dianne Delaney** Phone 320-251-7700  
22 Wilson Ave. NE Suite 110, PO Box 6069  
St Cloud MN 56302-6069
- **Lutheran Social Services of Minnesota** Phone 1-888-205-3769  
Fax 1-612-879-5234
- **Catholic Charities - Amanda Paulson-Blom** Phone 507-376-9757 or 1-800-227-3002  
1234 Oxford Street, PO Box 802 Fax 507-376-9758  
Worthington MN 56187 www.ccwinona.org
- **Children's Home Society & Family Services** Phone 1-651-646-7771 or 1-800-952-9302  
www.childrenshomeadopt.org

### ADOPTION SUPPORT GROUP

- **Minnesota Adoption Resource Network (MN ADOPT)** Phone 1-866-303-6276  
www.mnadopt.org



## LEGAL SERVICES

- **SW MN Legal Services** - Mon-Fri 8:30am-Noon & 1pm-5pm  
421 10<sup>TH</sup> Street  
Worthington MN 56187  
Phone 507-372-7368 or 1-800-233-0023  
New client or new legal problem  
Mon - Fri 9am-Noon & 1pm-3:30pm  
1-888-575-2954  
Fax 507-372-2574
- **Legal Advocacy for Persons with Developmental Disabilities**  
430 First Avenue North Suite 300  
Minneapolis MN 55401-1780  
Phone 1-800-292-4150
- **Western Minnesota Legal Services, Renville Co.**  
415 7th Street SW, PO Box 1866  
Willmar, MN 56201  
Phone 1-888-360-3666

## EDUCATION

ESL = English as a second language

- **GED/Adult Basic Education Classes offered at:**
  - **Redwood Valley High School, ESL** Phone 507-644-3531
  - **Redwood County Human Services** Phone 507-637-4050
  - **Lower Sioux Community - Karen Meece** Phone 507-430-2909
  - **Marshall, ESL - Pat Thomas** Phone 507-537-7046  
[www.marshalladulthoodeducation.org](http://www.marshalladulthoodeducation.org)
  - **Springfield - Springfield High School** Phone 507-723-4288
- **Belview Learning Center** - Susie Terhaar  
Day Treatment Facility—taken by referral only  
Phone 507-938-4111  
Fax 507-938-4112
- **First Aid Safety Classes and CPR**—Redwood Area Hospital  
Limited basis, call for information.  
Phone 507-637-4500
- **First Aid/CPR/AED**—Redwood/Renville American Red Cross  
Phone 320-523-1342

## POISON CONTROL

- **Poison Control Center** [www.mnpoison.org](http://www.mnpoison.org) Phone 1-800-222-1222

## SMOKING CESSATION

- **Quit Plan Helpline-Tobacco Products** Phone 1-888-354-PLAN (7526)  
[www.quitplan.com](http://www.quitplan.com) 1-877-559-3816 TTY
- **Minnesota Tobacco Quitlines Fax Referral Program** Phone 1-800-483-0052  
Fax 1-800-483-3114

## TRANSLATION

- **Itasca Corporation** Phone 1-651-457-7400  
1545 Livingston Ave, Suite 103 Fax 1-651-457-7700  
West St Paul MN 55118 www.itscacorp.biz

## UNEMPLOYMENT

- **MN Workforce Center** Phone 507-537-6236  
607 West Main 3<sup>rd</sup> Floor Fax 507-537-6362  
Marshall MN 56258 www.mnwfc.org
- **MN Unemployment Information Line** Phone 1-877-504-9090
- **DEED=Department of Employment & Economic Development** Phone 1-800-657-3858  
www.deed.state.mn.us

## WEIGHT LOSS

- **Redwood Falls Hospital - Dorie Oja** Phone 507-637-4518
- **TOPS Club - Weight loss and nutrition information. Fri morning 10am weigh-in, 10:30 meeting**  
Presbyterian Church Judith Curtis  
235 East 4th Street Phone 507-637-8981  
Redwood Falls MN 56283

## VOLUNTEER SERVICES

- **Redwood County RSVP - Karen Christensen, Volunteer Coordinator. Matches volunteers with volunteer opportunities at schools, healthcare facilities, non-profit and governmental agencies.**  
Phone 507-627-1016
- **Faith in Action - Helps seniors stay in their own home as long as possible assisting them in staying safe and living independently. Services provided include shopping, running errands, in-home respite care, good morning telephone reassurance program, weekly visitor, writing letters, and information and referral.**  
1011 East Elm #221-(Johnson Park Place) Phone 507-627-1016  
Redwood Falls, MN 562831 volunteer@newulmtel.net
- **American Cancer Society Navigator - If you or someone you know has cancer call and ask for the Navigator serving your community.** Phone 1-800-ACS-2345

## VETERANS SERVICES

- **Redwood County Veterans Services** Phone 507-637-4034  
Redwood County Government Center Fax 507-637-1531  
403 South Mill St, PO Box 130  
Redwood Falls MN 56283