

# Redwood County NEWSLETTER

Engaging communities by educating, connecting and advocating with an emphasis on volunteerism and independent living.

June, 2017

#### ACE of SW MN

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# Redwood County Volunteer Appreciation Event

The smell of yummy Dad's Belgium Waffles, music by the Neverly Brothers from Mankato and the

conversation of many friends and neighbors who attended the event filled the air at the A.C.E. of Southwest Minnesota Volunteer Appreciation Event on Thursday, May 11. We were delighted to host the event with the theme "Volunteers are the Heart of the Community". We know how important your work is throughout the communities of Redwood County and beyond. Thank you for all that you do throughout the year to help others.

Thank you to the Redwood County Commissioners, the Redwood County Advisory Council and the A.C.E. of SW Minnesota coordinators who helped at the event.



Thank you to the organizations and businesses that provided monetary donations for our Volunteer Appreciation Night. This event would not happen without their support.

- Tim Brown Dental Center
- Schult Homes Pride Team
- Integrity Bank Plus
- LeSage, Reynolds & Welter
- Morgan Community Players
- Prairie Plans Investment Center
- Stephens Funeral Service
- Wanda State Bank

Thank you to everyone who donated their used ink cartridges which were sent to Planet Green. These donations helped to also fund this event.

## **Volunteer Appreciation Event - 2017**

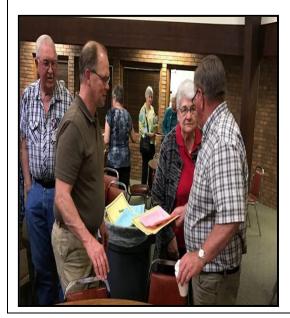


















### **Door Prizes donated by**

- Blossom Town
- Bridge St. Bargains
- Casey's
- Cedar Street Bar & Grill
- Chumley's Burger & Brew
- Connie's Hallmark & Gift Gallery
- Country Kitchen

- Guidepoint Pharmacy
- Harvestland
- Jackpot Junction
- Larson Home Furnishings
- Old Log Theater
- Petals and Balloons on Main
- Pizza Ranch
- Plaza Garibaldi

- Roadhouse
- Runnings
- Salfers Food
- Scott-Preusse, Inc.
- Senior Linkage Line
- State Farm
- Tersteegs
- The Farmer's Wife
- Westside Clothing Center

Thank you to McDonalds for providing our juice & to St. Catherine's Church for renting us the beautiful space to hold our event.



### "Tanks of Thanks" Goes to Morgan Resident

A local resident has received a \$50 "Tanks of Thanks" gift card for her contribution to the community. Arliss Becker was selected to receive free fuel from "Tanks of Thanks" a program that rewards people who do good deeds to help make their community just a little bit better. Arliss is a

registered volunteer with the A.C.E. of SW Minnesota and helps many people in the community of Morgan.

The "Tanks of Thanks" program from Cenex encourages people to nominate friends, family and neighbors for free fuel as a way to say thank you for doing good in the community. Each month nominees are randomly selected to receive free fuel from the "Tanks of Thanks" program. Congratulations to Arliss and thank you for your contribution to the community. To make a nomination, visit www.TanksofThanks and briefly describe why someone deserves a Tank of Thanks.



# 12 Minutes That Will Change Your Life

Enlightening............Life Changing

These are just some of the descriptive words used by participants of the Redwood Area Dementia Network's

Virtual Dementia Tour®. Created by Second Wind Dreams®, and featured on ABC News and USA Today, participants have the unique opportunity of experiencing the world through the eyes and ears of those with dementia.

The Virtual Dementia Tour® is a scientifically proven method designed to build sensitivity and awareness in individuals and professionals caring for those with dementia. This tour is created for anyone seeking to understand the physical and mental challenges that accompany dementia.

The Virtual Dementia Tour® will give you the tools and understanding needed to guide you through those difficult situations with people with dementia and to keep all involved as safe as possible. This unique, interaction program has been proven to improve communication and care.

When: Thursday, June 15, 2017 1:00 p.m. - 5:00 p.m.

Where: Johnson Park Place

!011 E. Elm St. #221 Redwood Falls, MN

Register by June 12 by calling A.C.E. of SW MN at 507-627-1016 or e-mail at ace.redwood@co.redwood.mn.us

Sponsored by Redwood Area Dementia Awareness Network



# Old Log Theater Tickets Winner

Pat Peterson, winner of the 2 Old Log Theater tickets given away at the Volunteer Appreciation Event enjoyed the play "The Savannah Sipping Society" on Mother's Day. Pat invited her longtime friend Rosie Heinitz to join her to celebrate their birthdays.

## **Spring Dementia Event – May 23**

The Spring Dementia Event was a huge success. Those attending learned helpful tips to assist families in having honest and caring conversations about driving, doctor visits and legal & financial planning presented by Kate Selseth, Western Minnesota Program Manager of the Alzheimer's Association.

Dr. John Brose presented innovative ways to think about people with dementia and how best to manage them and enhance their lives without psychotropic medication. The program concluded with a panel discussion.



Kate Selseth, Program Manager Western Minnesota Alzheimer's Association



Dr. John Brose, Associated Clinic of Psychology



Panel Members - Gail Radke, Senior Linkage Line; Kate Selseth, Alzheimer's Association; Kilee Tauer, Physician Assistant - Avera; & Dr. John Brose, Associated Clinic of Psychology



# IT'S COOL TO BE A VOLUNTEER!

### SUMMER VOLUNTEER OPPORTUNITIES

If you or someone you know is interested in any of the following volunteer opportunities please call our office at 507-627-1016



The **Redwood Falls Home Delivered Meal** program is in need of volunteers to **deliver meals June 19-30.** There are two routes and we need one or two people for each route. There are 8 – 10 deliveries on each route. Pick up is at 10:30 at the Hockey window at the Redwood Area Community Center. A.C.E. of SW MN will be doing the scheduling of volunteers for the HDM program. Please call our office at 627-1016 between 8 - 4:30 to volunteer or e-mail us at ace.redwood@co.redwood.mn.us



Good Morning" Telephone Reassurance caller is needed in the Redwood Falls area. Calls are made from your own home on Saturdays between 8 AM & 10 AM. Calls are to senior citizens who enjoy a friendly visit and to check that everything is okay. Volunteers enjoy visiting with participants as much as those receiving the call enjoy them. Training is provided. Call our office at 627-1016 to volunteer.



#### **Farmers Market Volunteers**

Looking for something fun to do from July –October?

Volunteers needed to assist customers at the Redwood Falls

Farmers Market Information Booth. The Market is open

Tuesdays 2:00-5:30 and Saturday's 9 - Noon. These days can be flexible according to your schedule. Training & support will be provided by project coordinator.

Volunteers would give out wooden tokens to customers after they swipe their cards in the EBT/Credit card machine for their designated amount. For more information or application, please contact Margaret Palan at United Community Action Partnership at 507-537-1416 ext. 2116 or e-mail

**margaret.palan@unitedcapmn.org** You may also call the A.C.E. volunteer Office at 627-1016



**Redwood County Fair July 13-16** Would you like to volunteer at the Redwood County Fair? The fair continues to grow and a part of the great success has been the service of wonderful volunteers. Volunteers are needed to meet & greet fair goers in the Old School House and Exhibit Building. Volunteers will receive free admission to the fair. If you are interested in volunteering, please give our office at 507-627-1016.

### **Reporting Your Hours**

Reporting your hours is important to us. Did you know you can report your hours several ways. If you are volunteering at a station that is registered with us you can record your hours on their Station Timesheet. We also welcome phone calls at 627-1016, e-mail us at ace.redwood@co.redwood.mn.us or you can complete the timesheet below and mail or drop off at 1011 E. Elm St. #221, Redwood Falls, MN 56283.

### REDWOOD COUNTY VOLUNTEER TIME SHEET

Month:	Volunteer Signature
Where did you volunteer?	
	d
Where did you volunteer?	
DateNumber of Hours volunteere	d
Where did you volunteer?	
	d
Where did you volunteer?	
DateNumber of Hours volunteere	d
Where did you volunteer?	
DateNumber of Hours volunteere	d
Where did you volunteer?	
Date Number of Hours volunteere	d

Please submit your hours by the 5<sup>th</sup>